



Personal Development Mapping Year 1



Integral to all of St Thomas' CE Primary Academy's personal development opportunities are our values: compassion, fellowship, resilience, respect, and trust whilst ensuring the British Values are woven throughout.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>PSHE</u>						
Personal, Social, Health and Economic Education	Relationships Family	Relationships Family Road Safety Mental Health Day	Health and Well-being Healthy eating	Health and Well-being Sun safety Feelings	Living in the Wider World Sun safety day Water safety day	Living in the Wider World Jobs in the community
Mindfulness	Wellbeing Wednesday (see website)	Wellbeing Wednesday	Wellbeing Wednesday	Wellbeing Wednesday	Wellbeing Wednesday	Wellbeing Wednesday
<u>Relationships, Sex and Health Education</u>						
<u>Relationships</u>	PSHE Family - roles	Anti-bullying Week including assembly	Online Safety Day Online Relationships	Willoughby Farm trip	Deepening tolerance week	Transition Careers - education

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<u>Sex Education</u>	PANTS talk	PSHE Appropriate touch	NSPCC Appropriate Touch			Stay Safe Partnership NSPCC
<u>Health</u>	Mini First Aid	Healthy eating Mental health day	Online Safety Day	Willoughby Farm trip (food and hygiene)	Sun safety Water safety	Transition
<u>Fundamental British Values</u>						
Democracy	<u>Democracy</u> Stewards of God applications	Anti-bullying week including online	Internet Safety Day	Collective Worship	Charity event	<u>Economics, money and managing resources</u>
Rule of Law	Church School Council elections	Collective Worship	Speeches Week	Charity event	Collective Worship Deepening tolerance Week	PSHE curriculum
Individual Liberty	Collective Worship		Collective Worship		Sadio Mane How are we the same and different?	Careers Education
Mutual Respect	Charity event		Martin Luther King Day			
Tolerance of those with different faiths and beliefs	Black History Month		Collective Worship		Collective Worship	
Tolerance of those with different faiths and beliefs	Collective Worship					



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<u>RE</u>	<p>How and why are some books holy? Special Stories of Christians, and Muslims</p> <p>Understanding Christianity, God and Christmas</p>	<p>What can we learn about prayer from Jesus?</p> <p>Trip to the church</p> <p>Nativity</p> <p>Christianity – Creation – who made the world</p>	<p>Islam – God</p> <p>Islam – Community and worship</p>		<p>Places of worship</p>	
International Global Citizens	<p>Art – Kaan balloon dog sculpture</p> <p>Dance – Indian dancing</p>	<p>Field work</p> <p>Human and physical geography</p> <p>School</p>	<p>Field work</p> <p>Human and physical geography</p> <p>UK</p> <p>Art – Picasso and Klee drawing</p>		<p>Geography</p> <p>The United Kingdom</p> <p>Naming the countries</p>	<p>Careers – where the jobs can take you.</p>



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Collective Worship

	<p>Encouraging each other to overflow with hope</p> <p>Faithfulness</p> <p>What is a leader – Stewards of God launch</p> <p>Kindness- Marcuss Rashford – Feeding of the 5000</p> <p>Love</p> <p>Trust and making mistakes</p> <p>Malala Yousafzai – Jesus teaching in the temple</p> <p>Fruits of the Spirit</p> <p>Peace</p> <p>Worry Bag story</p> <p>Patience</p> <p>Joy</p>	<p>Animal Series – The Donkey</p> <p>Diwali</p> <p>Visitor – Tony Coe</p> <p>Remembrance Service</p> <p>Anti-bullying Collective Worship House captains</p> <p>Animal Series – The Doves</p> <p>Steward of God -Baroness Tammi Gray</p> <p>Road Safety – Mini Police</p> <p>Nativity</p> <p>Christmas Around the World – Language Ambassadors</p> <p>Animal Series – The Camels</p> <p>Lighting up Worship</p> <p>Advent wreath</p> <p>Hearing your voice – Church School Council</p> <p>How can we make a difference when we are so small? Eco Warriors</p>	<p>St Martain</p> <p>Marie Curie – in, out and beyond</p> <p>Visitor – Tony Coe</p> <p>Noah – hope</p> <p>Encouraging others – Church School Council</p> <p>Daniel and Lion's Den</p> <p>Steward of God- Sir David Attenborough – Humans are commanded to care for God's creation</p> <p>Caring for the environment (Chief Encouragement officers)</p> <p>Safer Internet Day</p>	<p>Meaning of being part of a church school</p> <p>Steward of God Leah Williamson –</p> <p>World Book Day – books and holy books</p> <p>Ramadan – what does this mean for Muslims in Boston and around the world?</p> <p>Holi Festival</p> <p>Passover – Jewish Faith</p> <p>Christian foot washing Service</p> <p>Steward of God - Beethoven</p>	<p>Kindness Class Worship</p> <p>Gentleness Class Worship</p> <p>Beauty around the world</p> <p>Why do we celebrate festivals (Eid focus)</p> <p>Noah's Hope</p> <p>What gives you hope?</p> <p>Who inspires me?</p> <p>Church School Council</p> <p>– Looking beyond</p> <p>How do we show compassion to others?</p> <p>Steward of God – Maggie Aderin-Pocock</p> <p>Why is belonging to a community important to people?</p> <p>What does it mean to show fellowship?</p> <p>How does music create a sense of worship?</p> <p>Deepening tolerance</p> <p>What does prayer and reflection mean to me?</p>	<p>Steward of God Alan Turling</p> <p>Steward of God – St Thomas</p> <p>Love and Joy (British Value individual liberty)</p> <p>The Seven '1 Ams of Jesus'</p> <p>Kindness and Gentleness)British Value Tolerance)</p> <p>British Value Democracy – parliamentary system</p> <p>Gratitude and Thankfulness (British Value Individual liberty)</p> <p>Footprints in the sand – how does Jesus comfort others</p> <p>Change and transition – travellers who met Jesus</p> <p>What makes me? – personal growth</p> <p>Safety for the summer</p>
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<u>Enrichment Opportunities</u>						
Enrichment Opportunities including Off site Visits and Visitors	Planetarium	Walk to the church Nocturnal Animals (handling)	Chinese Dance Workshop	Mother's/Carer's event	Willoughby Farm visit Father's / Carer's event	Skegness Beach and the Aquarium Sports Day
Extracurricular Clubs	Art Attack Book worms Health and Well-being Young Scientists Construction and games	Art Attack Book worms Health and Well-being Young Scientists Construction and games	Art Attack Lego and construction Bookworms Movers and Shakers	Art Attack Lego and construction Bookworms Movers and Shakers	Summer sports Mindfulness Movers and Shakers	Summer sports Mindfulness Movers and Shakers